

Ingersoll Place monthly newsletter

The Time Capsule

Your news uncovered



I N G E R S O L L P L A C E A S S I S T E D L I V I N G

Join us for a spooktacular event.....

“The Ingersoll Family” presents it’s Halloween concert October 1st at 7pm in the main dining room. Families, goblins & ghosts welcome! Be there or be scared!



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FROM ROZ’S DESK

Welcome Autumn!

In my world there exist’s but two seasons summer and autumn.

Autumn abounds with color and fresh aromas. It is a time that allows us to prepare for the holidays to come.

Autumn can be amazingbesides the miracle of leaves changing, song lyrics have been written about it, movies capture its visage, especially when films are shot in the northeast. The flavors of autumn appear on our tables,



pumpkin pie, apples, spiced cider and cider doughnuts --- yummy!!!

So now till winter offi-

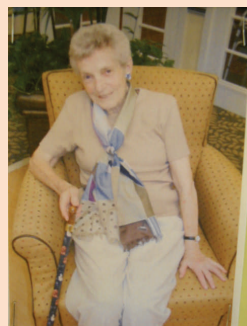
cially arrives, share autumn with your friends, family and all of us here at Ingersoll. Together we will meet each morning with refreshing gulps of fall air, observe the changing colors, add an extra blanket, and enjoy that apple pie.

Let’s live each day and grasp all we can out of each one.

As autumn leaves fall I look forward to that precious “autumn” time with each of you.

Roz

SEPTEMBER & OCTOBER RESIDENT OF THE MONTH



Janice is our resident of the month for September!

Alan Is our resident of the month for October!

Way to Go!!



ALL ABOUT ACTIVITIES


Change can be hard, especially when it's moving out of your home, losing someone you love or failing health. Here at Ingersoll our activities staff is trained to help you adjust, to have more confidence in your self and your surroundings & improve your daily routine. We are always available to each one of you to help in any way we are able. Whether it's planning an outing that you would

like to attend or just seeing a friendly face. We want you to know we are always here and we care. This month we would like to encourage all of you to try something new. Especially if you are going through a difficult time. You might be surprised how easy it is to regain your smile when you feel you have nothing left to smile about. I learned at a young age you can't make every one happy,

However that doesn't mean I've ever stopped trying, And I don't intend to start now!
 As most of you know, Veronica & myself recently made a huge change to our own lives. On September 4th we were both married to the loves of our lives. Of course this was a good change, but a change none the less and I want to thank every one for your support, prayers & well wishes. You threw us a beau-

tiful shower & made our experience even more memorable. The point I'm trying to make is change doesn't have to be a bad thing. As they say when life throws you lemons, Make lemonade! So come down to the activities room and let us make some lemonade for you, and who knows you might just help some one find that smile they have been looking for!
 Written by: Lacy Galka

There is
 only one
 you for all
 time.
 Fearlessly
 be yourself!



FUTURE EVENTS

Friday, October 8th- Join us in the Activities Room for our Fall Harvest Dance at 6:30pm.

Monday, October 18th at 6:15 in the AR Join us on an East African adventure

~Slide show by: Gerry Lemmo



October 23rd- Make sure to save your bingo money for our White Elephant Sale!! Were still looking for Donations, Please see activities department!!



Sunday, October 24th..... You won't want to miss our Monster Mash Halloween Bash 1pm -5pm, Remember to Invite your loved ones for a Ghoulishly Good

Time!!

October 25th at 2pm in the AR join us for some Tap Dance Sophistication.

Sunday, November 7th bring your appetite to our Local Fireman's Chili Cook off and Craft fair! 1-4pm Music by Cliff Allen



GRANDPARENTS DAY CARNIVAL



RESIDENT BIRTHDAYS

September 3rd– Donald

September 13th– Joe

September 19th– Lucy

September 20th–

Helene

September 22nd– Frank

September 26th– Doug



October 3rd– Gerry

October 9th– David

October 11th– Stephanie

October 16th– Janice

October 17th– Ralph

October 25th– Ed

A HALLOWEEN DREAM WRITTEN BY: LAUREN NIGHTENGALE

The time has come to light the pumpkins and eat some pumpkin pie.

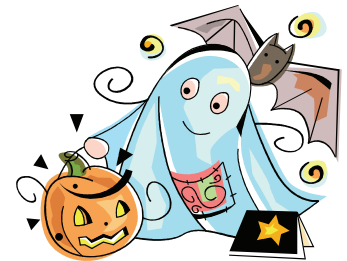
Trick -or- treaters run from house to house, dressed up in disguise.

The wind blows through the trees, giving an eerie whisper

The lights flicker on and off, the air is so much crisper.

As the clock has struck twelve, the neighborhood starts to scream

But there's no need to worry for it's only a Halloween dream.



**Limitations
live only in
our minds.
But if we
use our
imaginations,
our possibilities
become
limitless.**

IN CELEBRATION OF NATIONAL ASSISTED LIVING WEEK



CHECK US OUT!

INGERSOLL PLACE ASSISTED LIVING

3359 Consaul Road,
Niskayuna NY 12304

Phone: 370-4419

Were on the web!

www.ingersollplace.com



Ingersoll place is committed to meeting and exceeding the expectations of each and every resident. Our living areas have been designed with the utmost care to ensure that they provide maximum flexibility, accessibility and ease. With an ambience that speaks of comfort and warmth, Welcome is how you will feel at Ingersoll Place. Here we strive to provide luxurious amenities , exceptional services, and outstanding care in a compassionate and comfortable atmosphere. At Ingersoll Place you create a lifestyle that is unique..... Just like you!

A SPECIAL THANK YOU!!

Here at Ingersoll we are committed to exceeding the expectations of our residents in many ways. A clean & welcoming environment, great food, people you can always count on and of course a packed calendar with daily activities and entertainment. All of this would not be possible with out our "behind the scenes workers." I would like to send out a special thank you to all of our staff here, but especially those who can sometimes be easily over looked.

Our Dietary staff does an excellent job everyday making our meals

customized, hot & delicious!

House keeping & Maintenance keeps everything spotless & in working order. They are always ready to lend a hand!!

All of our upper management keep this place running smoothly and make it a great place to be!

A very special thanks to all of our care givers for all the hard work they do, patience they have & love they give.

Our book keeper for keeping every thing in order, keeping the staff happy & for your special bingo

games!

Our receptionist's for all your scheduling, organizing & hard work. You always seem to have a smile or a song to share!

Our case manager is always involved in our residents daily care & willing to lend an ear.

And of course our activity staff for working so well together & keeping things energized and fun!

Let's remember we are all a team here! Keep up the good work every one!

THANK YOU